DOWN SYNDROME OF LOUISVILLE

November 2026 - SoIN Adult Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 SoIN Academy 10 a - 4 p	3	4 SoIN Academy 1 p - 5 p Healthy Movement 5 p - 5:30 p Book Club 5:30 p - 6:30 p Living & Learning 6:30 p - 7:30 p	5 SoIN Academy 10 a - 4 p	6	7-Nov	8-Nov
9 SoIN Academy 10 a - 4 p	10	11 SoIN Academy 1 p - 5 p Healthy Movement 5 p - 5:30 p Book Club 5:30 p - 6:30 p Living & Learning 6:30 p - 7:30 p Ivy Tech Visit	12 SoIN Academy 10 a - 4 p	13	14	15 DSL Day! with the Colts vs Dolphins
16 SoIN Academy 10 a - 4 p SoIN Friendsgiving Lunch 1:30 p - 3:30 p	17	18 SoIN Academy 1 p - 5 p Healthy Movement 5 p - 5:30 p Book Club 5:30 p - 6:30 p Living & Learning 6:30 p - 7:30 p	19 SoIN Academy 10 a - 4 p Floyd Co. Library Visit 1:30 p - 3:30 p	20	21	22
23 SoIN Academy 10 a - 4 p Yoga w/Susan 2:30 p - 3:30 p	24	25 SoIN Academy 1 p - 5 p DSL Free Programs Closed Have a Wonderful Thanksgiving!	26 DSL Closed: Have a Wonderful Thanksgiving, DSL Families! Monthly Theme: Gratitude	27 Questions? Contact us at: Jon Beams JonB@DSofLou.org & Abby Aguilar abbya@dsoflou.org Snack break from 4:30 - 5 p. Snacks not provided by DSL	28 Key: Indiana Academy Activities Healthy Movement Group is Offsite Book Club Living and Learning Academy visitors Engagement Opportunity	29/30