

DSL Education Series

Free & open to the public!

Wednesday, July 29th

6pm at DSL

5001 S Hurstbourne Parkway
Louisville, KY 40291

Caring So Much It Hurts: Exploring Caregiver Burnout and Strategies to Prevent It

The session will focus on learning about the mental and physical impacts of supporting loved ones with disabilities and what you can do to prevent caregiver burnout before it happens.

Loren Pilcher has spent over 20 years working in schools, therapy spaces, and the community supporting children and adults with developmental disabilities. He currently is the dean of students at The de Paul School, a school dedicated to supporting children with learning differences, and is the lead key strategic partner at Disability Revolution, a national disability consultation group.

Presented by Loren Pilcher



Co-Founder & Mental Health Consultant at Paragon Therapy Group



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